

COLLECTION OF EVIDENCE-BASED PRACTICES FOR CHILDREN AND ADOLESCENTS WITH MENTAL HEALTH TREATMENT NEEDS

STUDY PLAN

Study Mandate

The Virginia Commission on Youth is directed to:

- Revise the *Collection of Evidence-based Practices for Children and Adolescents with Mental Health Treatment Needs* (the “*Collection*”). The *Collection* is to be revised biennially pursuant to Senate Joint Resolution 358 (2003).
- Seek the assistance of the *Collection* Update Advisory Group, Secretary of Health and Human Resources, Secretary of Public Safety, and Secretary of Education in posting, maintaining, and biennially updating the *Collection*.
- Make the *Collection* available through web technologies.
- Develop a cost-effective and efficient dissemination method to allow for easy access to the information.

Identified Issues

Background

- The *Collection* is a resource for providers, families, and other entities and individuals who work with children and adolescents who have mental health treatment needs. The *Collection* was originally published in 2002 and is updated biennially with the assistance of an advisory group of experts pursuant to Senate Joint Resolution 358 (2003). Since its original publication, the *Collection* has been widely used and distributed.
- The intent of the *Collection* is to spread knowledge and awareness about evidence-based practices in the field of child and adolescent mental health. Identifying which treatment modalities are supported by scientific evidence helps families, clinicians, and other mental health decision-makers make informed choices.
- The 7th Edition update of the *Collection* was updated and published in 2019. The following dissemination activities were also completed in 2019.
 - Posted the *Collection, 7th Edition* on the VCOY website in an easy-to-navigate format
 - Created print-based marketing materials.
 - Contracted with vendor for a limited print run of the *Collection, 7th Edition*.
 - Distributed copies of the *Collection*, distributed marketing materials, and/or gathered information for upcoming revisions at the following conference and event:
 - CSA Conference 2019, April 30 - May 1, 2019, Roanoke Hotel Conference Center, Roanoke, VA
 - Seminar: Specific evidence-based mental health treatments for children and adolescents, June 26, 2019, University of Virginia, Charlottesville, VA
 - Beyond ACES Summit 2019, August 8-9, Petersburg High School, Petersburg, VA
 - VDOE Mental Health in Schools Conference, August 13-14, Roanoke-Tanglewood Hotel Conference Center, Roanoke, VA

- 2019 Virginia Behavioral Health Summit, September 26, 2019, Westin Hotel Conference Center, Richmond, VA
- Trauma Training - Virginia Kids Belong, October 26, 2019, U-Turn Sports, Richmond, VA
- Contacted partners and request assistance with dissemination efforts:
 - Advisory group members
 - Agency heads (request web link to be posted on agency websites)
 - Local school divisions (request announcement in Superintendent’s memo)
 - Professional associations
 - Advocacy organizations
 - CSA and coordinators
 - CPMT and FAPT team leaders
 - CASA program directors
 - Juvenile and Domestic Relations judges
- Developed a new section on Family First that describes current evidence-based treatments in the Family First Clearinghouse. Posted section online as a stand-alone resource.

Study Activities

- Develop two stand-alone sections of the *Collection*:
 - New chapter: “Complex Trauma for Foster Parents.” In order to assist foster parents and other caregivers seeking assistance with children who have experienced complex trauma due to abuse and neglect, staff will develop a chapter that focuses on identifying signs of complex trauma and that connects caregivers with resources within their communities. This section will be completed in 2020 and posted as a stand-alone section on VCOY’s website.
 - Updated chapter: “Family First.” Staff will continue to update a section developed in 2019 that addresses Family First and describes evidence-based treatments included in the Family First Evidence-based Treatment Clearinghouse. This section is currently available on the website as a stand-alone section.
 - Sections on Complex Trauma and Family First will be integrated into the 8th Edition update of the *Collection* in 2021.
- Disseminate information about Complex Trauma and Family First stand-alone sections of the *Collection* at the 2020 CSA Conference.
- Continue to identify and implement cost-effective and efficient dissemination methods and partner with agencies/organizations.
- Identify partners and participants in biennial update (8th Edition) and training initiatives.
- Identify parameters and limits of 2021 biennial update (8th Edition):
 - Evaluate disorders/illnesses and current mental health issues to be included.
 - Identify and evaluate latest research in support of evidence-based treatments.
 - Evaluate current rating scale for evidence-based treatments.
 - Update links to external resources and identify new resources.
- Prepare final report.