



COMMONWEALTH OF VIRGINIA

Commission on Youth



***Collection of Evidence-Based
Practices for Children and
Adolescents with Mental
Health Treatment Needs***

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Senate Joint Resolution 358 (2003) directs the Virginia Commission on Youth to:

- Biennially revise the *Collection of Evidence-based Practices for Children and Adolescents with Mental Health Treatment Needs* (the “*Collection*”).
- Seek the assistance of the *Collection* Update Advisory Group, Secretary of Health and Human Resources, Secretary of Public Safety, and Secretary of Education in posting, maintaining, and biennially updating the *Collection*.
- Make the *Collection* available through web technologies.
- Develop a cost-effective and efficient dissemination method to allow for easy access to the information.



- The *Collection* is a resource for providers, families, and other entities and individuals who work with children and adolescents who have mental health treatment needs.
- Since its original publication, the *Collection* has been widely used, and monthly web hits have reached 40,000.
- The intent of the *Collection* is to spread knowledge and awareness about evidence-based practices in the field of child and adolescent mental health. Identifying which treatment modalities are supported by scientific evidence helps families, clinicians, and other mental health decision-makers make informed choices.

Study Activities Update



- The 6th Edition of the *Collection* (2017 update) was published as Senate Document No. 6 in December 2017. This update includes:
 - New research on evidence-based treatments and practices.
 - Updated information related to prevalence, risk factors, and screening for each disorder.
 - Information relating to juvenile offenders, youth suicide, and antidepressants and the risk of suicide.
 - Other helpful features, including a glossary of terms, a list of commonly used acronyms, and an index.
- The 6th Edition has incorporated information from the revised *Diagnostic & Statistical Manual of Mental Disorders, Fifth Edition, 2013 (DSM-5)* and follows its new organizational structure.



The *Collection* is published in two forms:

Print

- VCOY contracted with an outside vendor to print a limited run of 450 copies of the *Collection*.
- VCOY created print-based marketing materials (bookmark and flyer).

Online

- The 6th Edition has been posted on VCOY's website.
- The document was designed in two formats—one optimized for use as an online tool and one optimized for printing from the web.
- Chapters can be accessed and printed individually or the *Collection* can be printed as a whole.
- Internal hyperlinks were added so that users can move easily from section to section.



- Distributed 450 copies of *Collection* and marketing materials at CSA Conference.
- Contacted partners and other stakeholders alerting them of publication and requesting assistance with dissemination efforts:
 - Advisory group members
 - Agency heads
 - Secretary of Health and Human Resources
 - Department of Medical Assistance Services (DMAS)
 - Department of Behavioral Health and Developmental Services (DBHDS)
 - Office of Children's Services
 - Secretary of Public Safety
 - Department of Juvenile Justice
 - Department of Criminal Justice Services
 - Office of the Executive Secretary of the Supreme Court
 - Secretary of Education
 - Virginia Association of Community Service Boards
 - Local school divisions
 - Professional associations
 - Medical society of Virginia
 - Virginia Chapter of the American Academy of Pediatrics
 - Psychiatric Society of Virginia
 - Virginia Psychological Association
 - Advocacy organizations
 - Voices for Virginia's Children
 - National Alliance for Mental Illness (NAMI)
 - Other disability-specific organizations
 - Local CSA offices
 - CPMT and FAPT team leaders
 - CASA program directors
 - Juvenile and Domestic Relations judges

NCSL Notable Document Award



The *Collection* won the **2018 National Conference of State Legislatures Notable Document Award** in the category of Youth Policy.

