

# C COMMONLY-USED ACRONYMS AND ABBREVIATIONS

AAA – Area Agency on Aging  
 AACAP – American Academy of Child & Adolescent Psychiatry  
 AAIDD – American Association on Intellectual and Developmental Disabilities  
 AAP – American Academy of Pediatrics  
 ABA – Applied Behavior Analysis  
 ACT – Assertive Community Treatment  
 AD – Autistic Disorder  
 ADA – American Dietetic Association  
 ADA – Americans with Disabilities Act  
 ADD – Attention Deficit Disorder  
 ADDM – Autism and Developmental Disabilities Monitoring  
 ADHD – Attention Deficit Hyperactivity Disorder  
 ADIS-C – Anxiety Disorders Interview Schedule for Children  
 AFDC – Aid to Families with Dependent Children  
 ALF – Assisted Living Facility  
 ALOS – Average Length of Stay  
 AN – Anorexia Nervosa  
 ANRED – Anorexia Nervosa and Related Eating Disorders  
 APA – American Psychiatric Association *or*  
 APA – American Psychological Association  
 Arc (The) – formerly Association for Retarded Citizens  
 ART – Aggression Replacement Therapy  
 AS – Asperger’s Disorder  
 ASAS – Australian Scale for Asperger’s Syndrome  
 ASD – Autism Spectrum Disorder *or*  
 ASD – Acute Stress Disorder  
 ASFA – Adoption and Safe Families Act of 1997  
 ASQ – Ages and Stages Questionnaire  
 AZT – Zidovudine, Retrovir  
 BCM – Behavioral Classroom Management  
 BED – Binge Eating Disorder  
 BES – Binge Eating Scale  
 BH-MCO – Behavioral Health Managed Care Organization  
 BHA – Behavioral Health Authority  
 BHO – Behavioral Health Organization  
 BHRS – Behavioral Health Rehabilitative Services  
 BIP – Behavior Intervention Plan  
 BMI – Body Mass Index  
 BN – Bulimia Nervosa  
 BPD – Borderline Personality Disorder *or*  
 BPD – Bipolar Disorder  
 BPD-NOS – Bipolar Disorder Not Otherwise Specified  
 BPI – Behavioral Peer Intervention  
 BPT – Behavioral Parent Training

BT – Behavioral Therapy  
 BULIT- R – Bulimia Test-Revised  
 CAPS-CA – Clinician-Administered PTSD Scale for Children and Adolescents  
 CASA – Court Appointed Special Advocate  
 CBC – Community-based Care  
 CBT – Cognitive Behavioral Therapy  
 CD – Conduct Disorder  
 CDC – Centers for Disease Control and Prevention  
 CDIs – Child Development Inventories  
 CFI – Children’s Firesetting Inventory  
 CHADD – Children and Adults with Attention Deficit Disorders  
 CHAT – Checklist for Autism in Toddlers  
 CHINS – Child in Need of Services  
 CHINSup – Child in Need of Supervision  
 CMHC – Community Mental Health Center  
 CMS – Centers for Medicare and Medicaid Services  
 COBRA – Consolidated Omnibus Budget Reconciliation Act  
 COLA – Cost of Living Adjustment  
 COS – Childhood-onset Schizophrenia  
 COY – Virginia Commission on Youth  
 CPMT – Community Policy and Management Team (Virginia)  
 CPS - Child Protective Services  
 CSA – Comprehensive Services Act for At-Risk Youth and Families (Virginia)  
 CSAC – Certified Substance Abuse Counselor  
 CSB – Community Services Board (Virginia)  
 CSU – Court Services Unit  
 CSOTP – Certified Sex Offender Treatment Provider  
 CT – Computer Tomography  
 DARE – Drug Abuse Resistance Education  
 DARS – Virginia Department for Aging and Rehabilitative Services  
 DBD – Disruptive Behavioral Disorder  
 DBD-NOS – Disruptive Behavioral Disorder Not Otherwise Specified  
 DBHDS – Virginia Department of Behavioral Health and Developmental Services (formerly DMHMRSAS)  
 DBT – Dialectical Behavioral Therapy  
 DCE – Virginia Department of Correctional Education  
 DCJS – Virginia Department of Criminal Justice Services  
 DCSE – Virginia Child Support Enforcement  
 DD – Developmental Disability *or*  
 DD – Dually Diagnosed  
 DHP – Virginia Department of Health Professions  
 DISC – Diagnostic Interview Schedule for Children  
 DJJ – Virginia Department of Juvenile Justice  
 DMAS – Virginia Department of Medical Assistance Services

DMG – Dimethylglycine  
DOC – Virginia Department of Corrections  
DOE – Virginia Department of Education  
DRC – Daily Report Card  
DSH – Deliberate Self-harm  
*DSM-IV-TR – Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision*  
*DSM-5 – Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition*  
DSS – Virginia Department of Social Services  
DTT – Discrete Trial Teaching  
DUI – Driving Under the Influence  
EA – Emergency Assistance  
EAP – Employee Assistance Program  
EAT – Eating Attitudes Test  
ECT – Electroconvulsive Therapy  
ED – Emotional Disturbance  
EDDS – Eating Disorder Diagnostic Scale  
EDE – Eating Disorder Examination  
EDED-Q – Eating Disorder Examination Questionnaire  
EDI-3 – Eating Disorder Inventory - Revised  
EDNOS – Eating Disorders Not Otherwise Specified  
EEG – Electroencephalogram  
EI – Eating Inventory  
EOS – Early-onset Schizophrenia  
EPSDT – Early and Periodic Screening, Diagnosis, and Treatment  
ERP – Exposure and Response Prevention  
ESL – English as a Second Language  
FAMIS – Family Access and Medical Insurance Security Plan, Virginia's Title XXI Plan  
FAMIS CPU – Application-processing unit for FAMIS (Virginia)  
FAPE – Free Appropriate Public Education  
FAPT – Family Assessment and Planning Team  
FAS – Fetal Alcohol Syndrome  
FBI – Federal Bureau of Investigation  
FC – Foster Care  
FCT – Family Centered Treatment  
FDA – Food and Drug Administration  
FEMA – Federal Emergency Management Agency  
FFT – Functional Family Therapy  
  
FIA-C – Fire Incident Analysis for Children  
FIA-P – Fire Incident Analysis for Parents  
FPL – Federal Poverty Level  
FRI – Firesetting Risk Inventory  
GAD – Generalized Anxiety Disorder  
GOSAP – Governor's Office for Substance Abuse Prevention (Virginia)  
HRT – Habit Reversal Therapy  
HCBS – Home and Community Based Services  
HIPAA – Health Insurance Portability and Accountability Act  
HMO – Health Maintenance Organization  
I&R – Information and Referral  
ICF – Intermediate Care Facility  
ICPC – Interstate Compact for the Placement of Children

ICM – Intensive Case Manager  
ICPC – Interstate Compact for the Placement of Children  
ID – Intellectual Disability  
IDEA – Individuals with Disabilities Education Act  
IDEA – Interview for the Diagnosis of Eating Disorders  
IEP – Individualized Educational Program  
IFSP – Individualized Family Service Plan  
IOP – Intensive Outpatient Therapy  
IPT – Interpersonal Psychotherapy  
IQ – Intelligence Quotient  
ISP – Individualized Service Plan  
IVIG – Intravenous Immunoglobulin  
JCC – Juvenile Correctional Center  
JCHC – Virginia Joint Commission on Health Care  
JFNAP – Juvenile Firesetter Needs Assessment Protocol  
JLARC – Joint Legislative Audit and Review Commission  
K-SADS – Schedule for Affective Disorders and Schizophrenia, Children's Version  
LCSW – Licensed Clinical Social Worker  
LEAP – Learning Experiences: an Alternative Program  
LPC – Licensed Professional Counselor  
M-CHAT – Modified Checklist for autism in Toddlers  
MAEDS – Multiaxial Assessment of Eating Disorder Symptoms  
MCO – Managed Care Organization  
MDD – Major Depressive Disorder  
MDD – Major Depressive Disorder  
MDFT – Multidimensional Family Therapy  
MECA – Mental Disorders in Children and Adolescents  
MHA – Mental Health America  
MI – Medically Indigent  
MMR – Measles-Mumps-Rubella  
MR – Mental Retardation (*See ID.*)  
MRI – Magnetic Resonance Imaging  
MSW – Master of Social Work  
MST – Multisystemic Therapy  
MTFC – Multidimensional Treatment Foster Care  
NAMI – National Alliance for the Mentally Ill  
NCLB – No Child Left Behind  
NCMHJJ – National Center for Mental Health and Juvenile Justice  
NCSBY – National Center on Sexual Behavior of Youth  
NCTSN – National Child Traumatic Stress Network  
NES – Night Eating Syndrome  
NICHCY – National Dissemination Center for Children with Disabilities  
NIDA – National Institute of Drug Abuse  
NIMH – National Institute of Mental Health  
NOS – Not Otherwise Specified  
NSIB – Non-suicidal Self-injurious Behavior  
OCD – Obsessive-compulsive Disorder  
ODD – Oppositional Defiant Disorder

OJJDP – Office of Juvenile Justice and Delinquency Prevention  
 PACCT – Parents and Children Coping Together  
 PACT – Program of Assertive Community Treatment  
 PBD – Pediatric Bipolar Disorder  
 PAIMI – Protection and Advocacy for Individuals with Mental Illnesses Act  
 Part C – Part C of the Individuals with Disabilities Education Act (IDEA)  
 PCP – Primary Care Provider  
 PCPID – President’s Committee for People with Intellectual Disabilities  
 PDD – Autism Spectrum Disorder  
 PDD-NOS – Autism Spectrum Disorder Not Otherwise Specified  
 PDDST-II – Autism Spectrum Disorder Screening Test-II  
 PEATC – Parent Educational Advocacy Training Center (Virginia)  
 PECS – Picture Exchange Communication System  
 PEDS – Parents Evaluation of Developmental Status  
 PITS – Psychiatric Institute Trichotillomania Scale  
 PMT – Parent Management Training  
 POS – Point of Service  
 PPO – Preferred Provider Organization  
 PRT – Pivotal Response Training  
 PTSD – Posttraumatic Stress Disorder  
 PRWORA – Personal Responsibility and Work Opportunity Reconciliation Act of 1996  
 RAD – Reactive Attachment Disorder of Infancy or Early Childhood  
 RCF – Residential Care Facility  
 RDI – Relationship Development Intervention  
 RTC – Residential Treatment Center *or*  
 RTC – Randomized Controlled Trial  
 SAD – Separation Anxiety Disorder  
 SAM – Society for Adolescent Medicine  
 SAMHSA – Substance Abuse and Mental Health Services Administration  
 SCARED – Screen for Children’s Anxiety and Related Disorders  
 SCAS – Spence Children’s Anxiety Scale  
 SCHIP – The State Children’s Health Insurance Program, Title XXI of the Social Security Act, created by the Balanced Budget Act of 1997. (See *FAMIS*.)  
 SED – Serious Emotional Disturbance  
 SEDS – Stirling Eating Disorder Scale  
 SHAB – School Health Advisory Board  
 SI – Self-injury *or*  
 SI – Sensory Integration  
 SNAP – Supplemental Nutrition Assistance Program  
 SOC – Systems of Care (Virginia)  
 SOLs – Standards of Learning (Virginia)  
 SP – Skin Picking  
 SP – Specific Phobias  
 SPED – Special Education  
 SRED – Sleep-related Eating Disorders  
 SRIs – Serotonin Reuptake Inhibitors  
 SSBG – Social Service Block Grant  
 SSDI – Social Security Disability Insurance  
 SSI – Supplemental Security Income  
 SSRIs – Selective Serotonin Reuptake Inhibitors  
 STD – Sexually Transmitted Disease  
 SW – Social Worker  
 TADS – Treatment for Adolescents with Depression Study  
 TANF – Temporary Assistance for Needy Families  
 TD – Tic Disorder  
 TDO – Temporary Detention Order  
 TEACCH – Treatment and Education of Autistic and Related Communication-handicapped Children  
 TF-CBT – Trauma-focused Cognitive Behavioral Therapy  
 TSC – Trichotillomania Scale for Children  
 TMA – Transactional Medical Assistance  
 TS – Tourette Syndrome  
 TTM – Trichotillomania  
 USFA – U.S. Fire Administration  
 VALHSO – Virginia Association of Local Human Services Officials  
 VDFP – Virginia Department of Fire Programs  
 VDH – Virginia Department of Health  
 VHCA – Virginia Health Care Association  
 VIEW – Virginia Initiative for Work Not Welfare (Work component of Temporary Assistance for Needy Families [TANF] program)  
 VIP – Virginia Independence Program  
 VISSTA – Virginia Institute for Social Services Training Activities (Virginia Commonwealth University)  
 VJCCCA – Virginia Juvenile Community Crime Control Act  
 VOPA – Virginia Office for Protection and Advocacy  
 YGTSS – Yale Global Tic Severity Scale  
 WIC – Supplemental Nutrition Program for Women, Infants, and Children  
 WTW – Welfare to Work