

# UPDATE ON THE COMPREHENSIVE SERVICES ACT

A presentation for the Commission on Youth

*November 17, 2014*

# Systems of Care

Systems of Care philosophy and core principles are the foundation of the Comprehensive Services Act.

*The mission of the CSA is to create a collaborative system of services and funding that is child-centered, family-focused and community-based when addressing the strengths and needs of troubled and at-risk youth and their families in the Commonwealth.*



Office of  
Comprehensive  
Services

Empowering communities to serve youth

# Systems of Care

The Commonwealth's investment in CSA funded services to children and families:

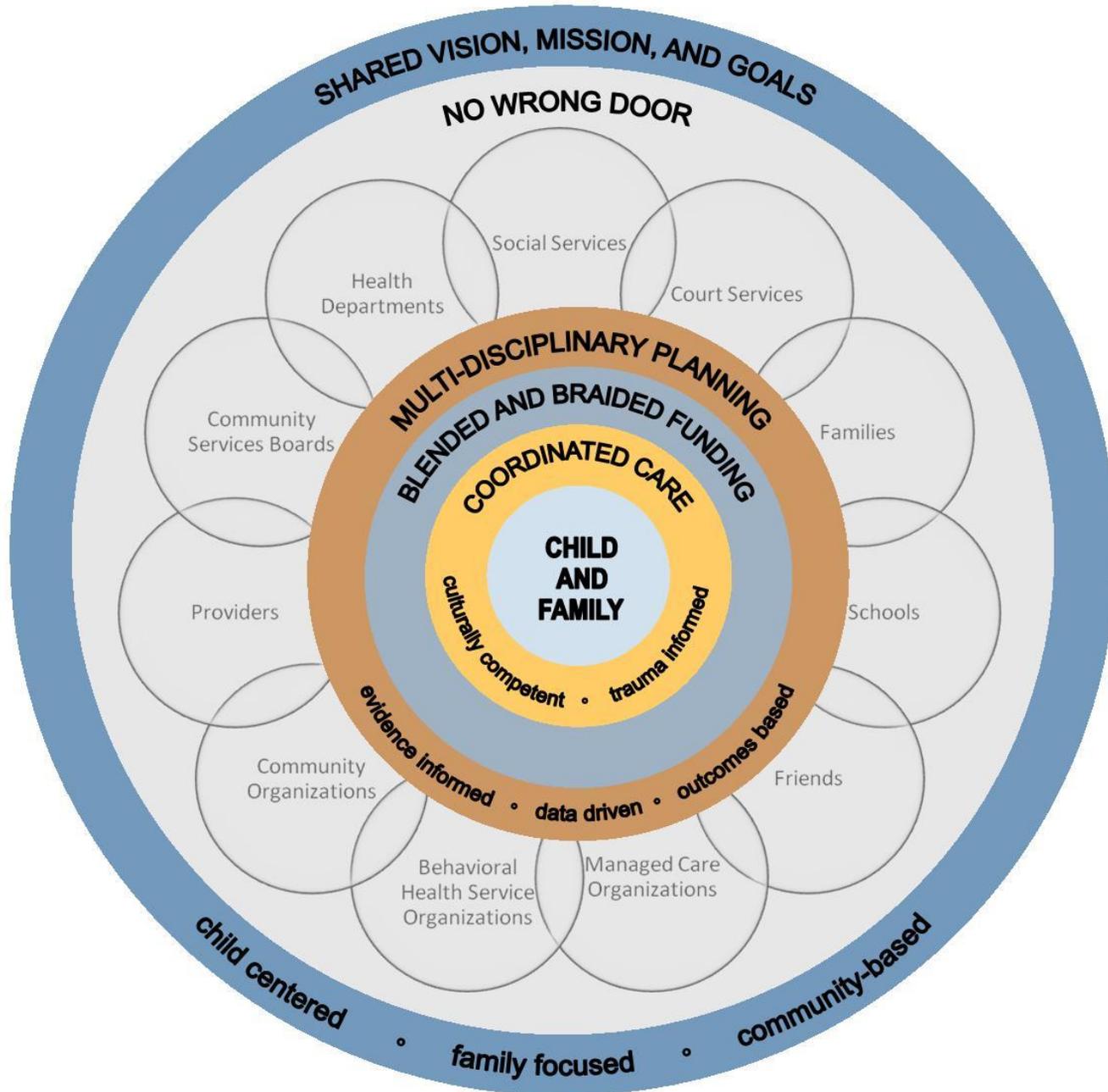
- CSA purchased services = 65% state General Fund  
35% local funds
- FY2014 purchased services = \$ 327.6 mil
  - GF= \$213 mil

# Systems of Care

Emerging evidence demonstrates return on investment:

- Net savings: reduced use of inpatient care and residential services even with increased expenditures for home- and community-based care.
- Additional cost savings: decreased DJJ involvement, fewer school failures, and improved family stability.

# Virginia's Comprehensive System of Care



# Shared Vision, Mission & Goals

There is a shared belief across the Commonwealth that all children who are at-risk deserve access to a coordinated array of critical services which will produce the best possible outcomes for them and their families.

# No Wrong Door

At-risk youth and families have access to funding and services regardless of how they come to the attention of those responsible for serving them.

# Multi-disciplinary Planning

There is collaboration and cooperation in the planning for youth and families to address diverse and complex needs without limitations that might otherwise be imposed by operating within the parameters of individual agencies.

# Blended and Braided Funding

There is a financial structure which encourages effective and efficient use of all available resources and maximization of federal funding streams. Access to available funding resources is available in one place and through one mechanism.

# Coordinated Services

Effective individualized care planning and management processes address the unique strengths and needs of children and families holistically, value and respect family and youth input, deliver care in the family setting, and care for families in the context of their communities.

Care is trauma-informed and culturally and linguistically competent.



# Coordinated Services

- Medicaid funded services
  - Managed Care Organizations
  - Behavioral Health Services Administrator
- Intensive Care Coordination
  - Mandatory training in High Fidelity Wraparound model
  - Reporting on local performance
- Data analytics
  - Assessing program performance
  - Predictive analytics
- Evidence-informed practices
  - Training, e.g., trauma informed care; culturally and linguistically competent care
  - Alignment of definitions, expectations, performance measures



# High Fidelity Wraparound

## Emerging national evidence of superior outcomes:

- For youth in child welfare who received HFW, 82% moved to less restrictive, less costly environments compared to 38% of comparison group.
- Wraparound Maine: 43% drop in use of psychiatric inpatient treatment; 29% decrease in use of residential treatment; 28% reduction in Medicaid spending.
- Los Angeles County: After 12 months, 77% of youth in less restrictive placements compared to 70% of comparison group in more restrictive placements.



# Family Focused

- ◎ Family is partner in planning
- ◎ Family voice is respected
  - Goals represent family desires
  - Family is empowered to achieve success

# Child Centered

- ◎ Child's strengths and needs drive planning
- ◎ Child's voice is heard and respected
- ◎ Child is empowered to be successful

STATE EXECUTIVE COUNCIL

# STRATEGIC PLANNING

# Annual Retreat - June 2014

1. Funding educational services for youth placed by parents into residential treatment programs.
2. Providing prevention services for youth with serious behavioral health issues.
3. Serving youth with behavioral issues who are before the court on delinquency and truancy charges.
4. Ensuring stakeholder voice in CSA decision-making.

# 1. Education and Residential Placements

- Roughly 1/3 of youth in residential placements are not placed through the CSA process and lack funding for educational services in the treatment facility.
- SEC reached consensus on following points:
  - Current situation is untenable.
  - Issue needs immediate resolution.
  - Requiring a service without ensuring payment for the service is not reasonable.
- SEC committee convened October 31 and developed recommendations for the full body to consider at December meeting:
  - Recommended processes to ensure referral and review of youth by local CSA team.
  - Proposed SEC policy will be distributed for 60 day public comment period.

## 2. Youth with severe behavioral health needs

- There is concern for inconsistency across the Commonwealth in the availability and/or provision of prevention services.
- There is need to increase awareness of and child/family access to local planning teams.
- Planning is needed to identify revenue neutral incentive(s) for localities to intervene early and provide prevention services to youth.

### 3. Serving Delinquent/Truant Youth

- Youth evidence poor outcomes when services are not provided to meet their behavioral health needs and to prevent out-of-home placements.
- Planning is needed to identify potential statutory changes to increase dispositional alternatives available to the court that will allow access to service and funding.
- There is need to increase awareness of and child/family access to local planning teams.



## 4. Stakeholder voice

- SLAT to provide comprehensive “vetting package” on proposed policies, i.e., provide representation of multiple stakeholder views and fiscal impacts.
- VML/VACo staff to serve on SLAT as unofficial representatives of local government elected/appointed officials (pending nomination and appointment of representatives).
- SLAT chair to participate in SEC meetings as non-voting representative of the SLAT.

# Potential legislation

- ◎ Change name:

from: Comprehensive Services Act

to: Children's Services Act